# Child-friendly Anti-Bullying Policy





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	This policy/document was reviewed by:-	
	Signed	Date:
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Th	ne next revision date is:	

## **Child-friendly Anti-Bullying Policy**



A vibrant, ambitious community, enriching children's lives laying the foundations for lifelong learning.

Our school aims to provide a caring, friendly and safe environment for all of our pupils and families, so they can learn in a relaxed and safe atmosphere. We promote and teach values of respect and equality and celebrate difference and diversity in our school and the wider community.

#### What is bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people, and it can be towards one person or a group of people. A useful way to remember bullying is

# **S**EVERAL **T**IMES **O**N **P**URPOSE



- Hitting or saying you are going to hit someone
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out
- Sending hurtful or unkind texts, emails or online messages to someone or about someone



- Race or ethnicity (racist bullying)
- Religion or belief
- Family and culture
- Sexist bullying, which is bullying someone because of their gender. For example, because they are a boy or a girl, or saying they are acting
   'like a boy' or 'like a girl'
- Homophobic or biphobic bullying. This is saying unkind or nasty things because someone is lesbian, gay or bisexual, or because you think they are, or because they have two mums or two dads. It is also calling someone lesbian, gay or bisexual on purpose to be unkind or nasty to them, for example 'you're so gay!'
- Transphobic bullying. This is saying unkind things because someone is trans, or because you think they are trans, or being nasty about trans people (someone who feels the gender they are given as a baby doesn't match the gender that they feel themselves to be).
- Special educational needs, a disability or a health condition
- What someone looks like
- Where someone lives

If someone is being hurtful or unkind to you several times on purpose, whether it is about you or your family or friends, that is bullying.



#### Why does bullying happen?

Although bullying doesn't happen very much at our school, it might happen. Bullies can be older or younger than you, or bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel worse about themselves. **If you are being bullied, remember that it is never your fault.** 

#### Where does bullying happen?

Bullying can happen anywhere; at school, after school or online.



#### What should I do if I think someone is being bullied?

Talk to the person and ask if they're okay and try to find out if they are being bullied. If they are, ask if you can help them to talk to a teacher or an adult they trust.

#### What should I do if I'm being bullied?

If you are being bullied, it is important to tell someone you trust. If you have already told an adult about bullying, you can still tell them again. In our school you can:

- Tell a teacher
   – this can be your class teacher or any other teacher in our school
- Tell a playground sports leader who will be able to help you
- Tell our learning mentors- Mr Ortega or Mrs Porter
- Tell our family support worker- Mrs Livingstone
- Tell our leadership team- Mr Williams, Mrs Gill, Mr Bennett, Miss Bowler or Ms Jones
- Tell any other adult staff member in school
   Mid-days, teaching assistants or any of
   the office staff
- Tell an adult at home
- You can also write a note about the bullying and post it in our silver letter box

• You can also call ChildLine at any time for free on 0800 1111. They will not tell anyone else about what you have said

### What should I do if I'm being bullied?

If you tell a teacher or an adult at school, they will be able to help you. They may tell another teacher like your class teacher, or a parent or carer so that they can help you. Telling an adult will never make the bullying worse. They will talk to you and the bully to find ways to stop the bullying.